



KOREAN GINSENG

The Chinese have been using ginseng for almost 5000 years and even today it is still hailed as a preventative cure all. Ginseng contains a mixture of several saponin glycosides which are called ginsenosides as well as the sugars glucose, rhamnose, arabinose and xylose.



The Benefits of Korean Ginseng

Immune System - it has been claimed that ginseng enhances the natural resistance and recuperative power of the body.

Blood Pressure - it has been claimed to be useful for regulating blood pressure.

Libido - it has been claimed that ginseng improves libido and sexual vigour and may prevent impotence.

Stamina - improves stamina and may alleviate symptoms of tiredness and exhaustion.



Properties

The properties of ginseng are mainly linked to the ginsenosides which exhibit the following activities:

Analgesic	Anti-inflammatory
Anti-pyretic	Central Nervous System stimulation and depression
Hypertensive	Hypotensive
Histamine	Antihistamine



Contra-indications / Precautions

Should be avoided by people with cardiovascular disease (including hypertension), diabetes mellitus, asthma, schizophrenia and other nervous system disorders.

Why Choose Natures Aid Korean Ginseng?

Each Natures Aid Korean Ginseng tablet provides 600mg of Panax ginseng root at a very competitive price.

Panax is derived from the Greek word Panacea meaning all healing.



SUITABLE FOR VEGETARIANS



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