

ZINC GLUCONATE

The total amount of zinc in the human adult has been estimated to be approximately 2 grammes, of which more than 80% is found in bone, hair and skin and as a component of many biological processes.

Interest in zinc nutrition was first shown in 1963 when a study on adolescent boys from the Nile delta was shown to link low zinc intakes with dwarfism and delayed sexual maturation.

The Benefits of Zinc

Acne - has been shown to be as effective as tetracycline but may take three months before improvements are noticed.

Prostate enlargement - can reduce enlargement and alleviate adverse symptoms.

Wound healing - often used in creams to aid the healing of nappy rash, after burns and surgery.

Alcoholism - may help prevent cirrhosis of the liver.

Rheumatoid arthritis - can help alleviate pain and swelling.

Pregnancy - pregnant women may become deficient and have an increased need during pregnancy.

Immune system - works with the antioxidant vitamins to protect the body from free radicals.

Properties

Cell division - for the synthesis of DNA, RNA and hence proteins manufactured within the body.

Growth and reproduction - essential for maturation of sex organs and the production of sperm and ova.

Toxic metal removal - removes elements such as lead.

Senses - maintains taste, smell and vision.

Insulin - involved in the release of insulin.

Metabolism - involved in absorption and metabolism of vitamin A.

Oil gland function - found within the skin where about one fifth of the body's zinc can be found.

Contra-indications / Precautions

None recorded

Why Choose Natures Aid Zinc Gluconate?

Each Natures Aid Zinc Gluconate tablet provides 4mg of elemental zinc in an easily assimilated form and is suitable for vegetarians.

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